



# Get Fit Line Dancing

Get Fit Line Dancing with Dr. Kathy Smith will boost health and fitness awareness by dancing to music. The classes will incorporate several genres of music stimulating exercise through dancing promoting physical and mental wellness.

**You must register a minimum of 1 week in advance!**

Dates: September 6-November 8, January 10-March 14

Time: 6-7:30pm

Days: 10 Tuesdays

Fee: Residents \$65/Non-Residents \$70

Min. 6/Max. 30

Ages: 18-99+



Please note that by registering for any program your photo may be used in advertising!

Get Fit Line Dancing at the Pruzin Community Center 5750 Tyler Street, Merrillville, IN 46410

Students Name: \_\_\_\_\_

Full Address: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Phone Number: \_\_\_\_\_ Birthdate: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Register at least 1 week in advance!

